

# 2019 New Jersey Student Health Survey

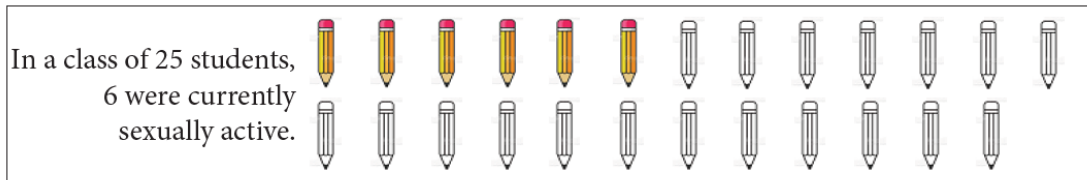
## SEXUAL BEHAVIOR

Nationwide, early initiation of sexual intercourse is associated with having a greater number of lifetime sexual partners, increased risk of STDs and pregnancy, and decreased condom usage.<sup>(1)</sup> Prevalence estimates suggest that young people aged 15–24 years acquire half of all new STDs.<sup>(2)</sup> Among high school students nationwide in 2019, 38% had sexual intercourse during their life, 9% had sexual intercourse with four or more persons during their life, and 27% had sexual intercourse with at least one person during the three months before the survey.<sup>(3)</sup> The percentage of sexually active students who used a condom during last sexual intercourse has been declining since 2003 (63% - 54.3%).<sup>(4)</sup>

# 24.2%

of NJ high school students were currently sexually active

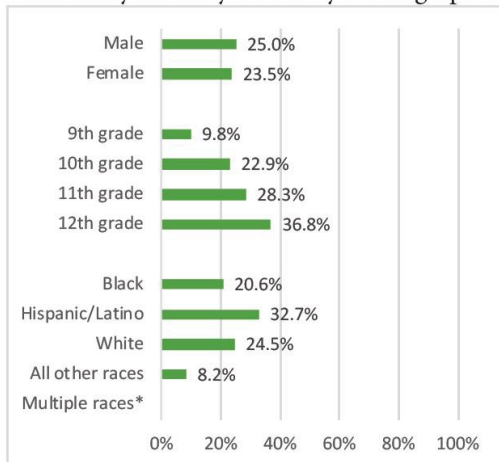
(at least one time during the 3 months before the survey)



### New Jersey Student Health Survey Highlights

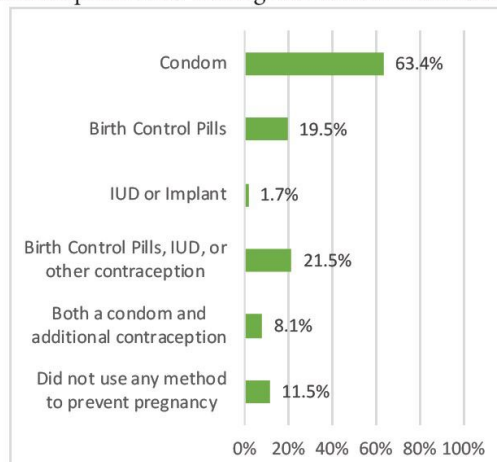
- 2.7% of students reported to have sexual intercourse for the first time before the age of 13.
- 7.2% of students have had sexual intercourse with four or more persons during their life.
- 10.6% of students have texted, e-mailed, or posted electronically a revealing or sexual photo of themselves during the 30 days before the survey. 24.2% of students have received this type of photo.
- Among currently sexually active students, 63.4% used a condom during their last sexual intercourse

Currently Sexually Active by Demographic



\*Fewer than 100 students in this subgroup.

Contraception Used During Last Sexual Intercourse\*



\*Among sexually active students

## Definitions

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- Types of contraception asked about are birth control pills; IUD or implant; shot, patch, or birth control ring.

## Additional Details

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- In 2009, 33.6% of students were currently sexually active.
- In 2009, 4.1% of students had sexual intercourse before the age of 13.
- In 2009, 12.5% of students had sexual intercourse with four or more persons during their life.
- In 2009, 65.5% of students used a condom during their last sexual intercourse.

## Resources for Schools

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- New Jersey Resources for Instruction: 609-376-3500,  
<https://www.nj.gov/education/students/safety/health/hsp/njresources.shtml>
- Child Trends What Works for Adolescent Reproductive Health: 240-223-9200,  
<https://www.childtrends.org/>
- Health Education Curriculum Analysis Tool (HECAT): 800-232-4636,  
<https://www.cdc.gov/healthyyouth/HECAT/>
- ETR Resource Center for Adolescent Pregnancy Prevention (ReCAPP):  
<http://recapp.etr.org/recapp/index.cfm?fuseaction=pages.home>
- RAND Promising Practices Network on Children, Families and Communities:  
<https://www.rand.org/well-being/social-and-behavioral-policy/projects/promising-practices.html>

## Resources for Parents

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- National Campaign to Prevent Teen Pregnancy, Effective Program Research: 202-478-8500,  
<https://powertodecide.org/>
- Student Rights: 609-376-3500, <https://www.nj.gov/education/students/safety/health/hsp/rights.shtml>
- Resources for Parents: Student Sexual Development:  
<https://www.nj.gov/education/students/safety/health/fle/StudentSexuality.pdf>
- Family Life and Health Education FAQ: 609-376-3500,  
[https://www.nj.gov/education/genfo/faq/faq\\_hfle.htm](https://www.nj.gov/education/genfo/faq/faq_hfle.htm)

## Resources

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1. Ethier KA, Kann L, McManus T. Sexual Intercourse Among High School Students — 29 States and United States Overall, 2005–2015. *MMWR Morb Mortal Wkly Rep* 2018;66:1393–1397.  
<https://www.cdc.gov/mmwr/volumes/66/wr/mm665152a1.htm>. Accessed November 2021
2. Centers for Disease Control and Prevention. (2021). *Sexually Transmitted Diseases: Adolescents and Young Adults*. U.S. Department of Health and Human Services. <https://www.cdc.gov/std/life-stages-populations/adolescents-youngadults.htm>. Accessed November 2021
3. Centers for Disease Control and Prevention. (2020). Youth Risk Behavior Surveillance—United States, 2019. *MMWR Suppl* 2020;69(1):1-83.
4. Centers for Disease Control and Prevention. 2019 Youth Risk Behavior Survey Data. Available at: [www.cdc.gov/yrbs](http://www.cdc.gov/yrbs). Accessed November 2021